

DISTRICT 124 NEWSLETTER | OCT-DEC 2023

AIKYAM



TRAVEL PHOTO CHALLENGE

submit your most captivating travel photographs

Editor's Note

Dear Readers,

As I pen down this message, I'm filled with a sense of awe and gratitude for the incredible journey we've undertaken together. It's my pleasure to introduce you to the fourth edition of our newsletter, a testament to the vibrant spirit and shared passion within our public speaking and leadership community.

The process of creating this newsletter has been a rewarding adventure, learning from your stories, celebrating your achievements, and witnessing the power of our collective voice. This edition, much like the ones before, is crafted to spark inspiration, foster connection, and provide you with the tools to thrive as public speakers and leaders.

A special congratulations is to **the winner of our recent "Book Review" contest – Krishnesh Nayak**. Your insightful review not only showcased your literary prowess but also demonstrated the profound impact books can have on our growth as leaders. Your winning review will be featured prominently in this edition, inspiring others to explore the world of literature as a means of personal development.

In the spirit of exploration and shared experiences, I'm thrilled to announce our fourth contest – the **"Traveling Photo Challenge."** We invite you to share a photo that captures the essence of a memorable journey or adventure. Along with the photo, tell us the story behind it. Let's embark on a visual journey together and showcase the diverse experiences that shape us as individuals.

Participating is easy, and your entry could be featured in the next edition of our newsletter! Share your photo and story via WhatsApp or Email, and let's make the pages of our newsletter come alive with the vibrant tales of our community.

Thank you for being an essential part of this extraordinary journey. Together, let's continue to inspire, learn, and grow as we navigate the exciting paths that lie ahead.

Shilpa Agarwal
District Editor 2023-24



Message from District 124 Director

Dear District 124 Members,

I hope this message finds you well. As we enter the month of September, I would like to take a moment to reflect on the district events that took place in August, particularly the District Officers Training in Kolkata and District Leader Training In the Bahamas.

The District Officers Training, held in the first week of August, was a tremendous success. It provided our newly elected district officers with the essential tools and knowledge to effectively serve their respective roles. The training sessions covered a wide range of topics, including effective leadership skills, club growth strategies, and membership retention tactics.

I was truly impressed by the dedication and enthusiasm displayed by all the participants. The discussions and workshops were insightful, and I believe that these training sessions have equipped our district officers with the competence and confidence required to lead their areas/divisions and ignite positive change in our communities. I would like to express my sincere appreciation to all the trainers, organizers, and participants who made the District Officers Training a grand success.

Following the District Officers Training, the Trio moved on to the District Leader Training, which took place in the second week of August. This training focused on enhancing the skills of our District Trio. The sessions aimed to refine their abilities in supporting and guiding the district better.

We along with other district leaders actively engaged in brainstorming exercises, case studies, and interactive discussions. It was inspiring to witness a commitment to fostering a dynamic and supportive environment for all Toastmasters in their respective districts.

As we move forward into September, I encourage all leaders to keep renewals as the top priority. Quality and quantity go together in Toastmasters. We need members to run quality meetings and members will only stay when they will get quality meetings to make them better with time.

Let us continue to support and uplift one another as we progress towards our collective goals. Together, we can create a district that thrives on excellence and camaraderie.

Thank you, and may this September be filled with inspiration and success.



Md Zahid Hossain, DTM

*In the vibrant city of Kolkata, **District 124** orchestrated a dynamic two-day event that left a lasting impact. Day 1 commenced with the **District Officer's Training Program**, setting the tone for an enriching experience. Day 2 unfolded with the **Toastmasters Leadership Conclave**, bringing together a diverse community of speakers and leaders. The event gained considerable momentum with the esteemed presence of our **Regional Advisor**, whose guidance and insights enriched District Officers and members. It became a melting pot of networking, knowledge infusion, and fun-filled learning experiences.*

*The atmosphere was electric with team-building activities fostering camaraderie among participants. Recognition took center stage, honoring achievers who reached the pinnacle of success with **Distinguished Toastmaster (DTM)** and **Triple Crown** awards, as well as applauding distinguished clubs for their outstanding contributions. Kolkata echoed with the vibrant spirit of Toastmasters, seamlessly blending education with celebration, making it a memorable and impactful gathering for all involved.*



Glimpses from District's Officers Training Program



Glimpses from Toastmasters Leadership Conclave



"Spill the tea!

What are your leader's New Year's resolutions?"

DTM ZAHID (DD) - To be more patient

TM GAURAV (PQD) - Set limits on screen time and allocate more moments to offline activities, promoting a healthier balance in daily life

DTM ABHA (CGD) - To complete my long pending path

DTM ROHAN (DPRM) - To be better than what I was and to achieve more than what I did in 2023

DTM ROHIT (DFM) - To Be More Disciplined In The Things I Do Everyday

DTM JONY (DAM) - To network and connect professionally

DTM AYAN (IPDD) - To go on learning journeys and share it with the world.



DON'T JUDGE A **BOOK** BY IT'S COVER

A BOOK REVIEW CONTEST

WINNER- KRISHNESH NAYAK



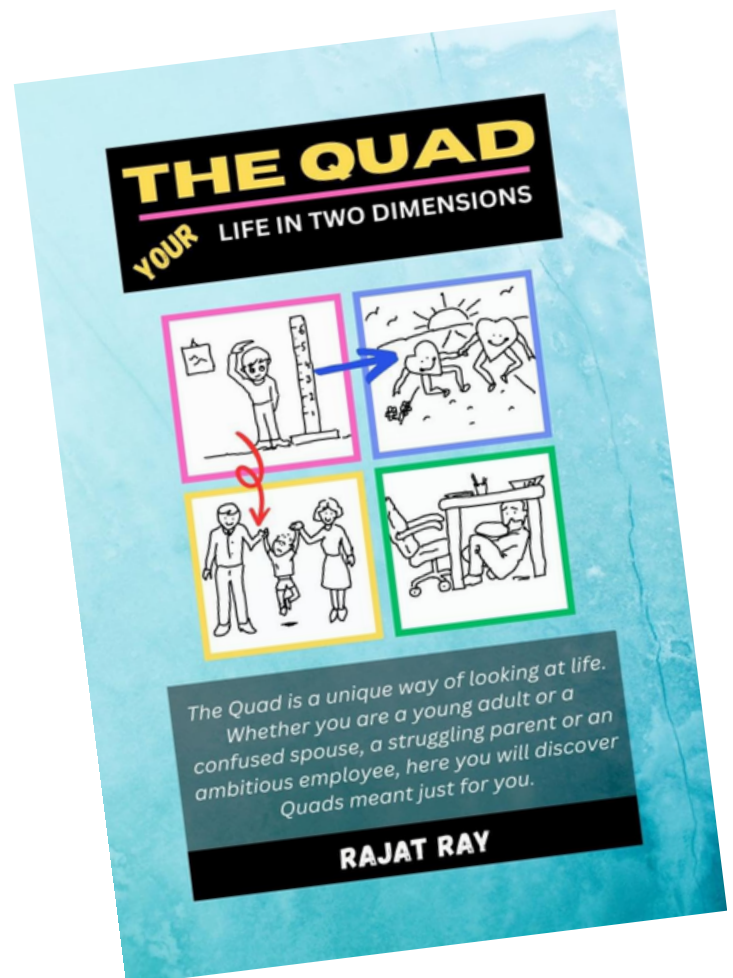
The Quad: Your Life in Two Dimensions. **Author: Rajat Ray**

Wait, life's that straightforward, really? That was my first thought. After navigating the complexities of existence for a good few decades, I've realized two things: life is a beautiful mess, and rarely is anything as simple as Black and White. Enter this book, and surprisingly, it dives headfirst into these very realizations.

With its 50 instances, it's not just a book; it's your guide to self-discovery. Picture this — you're handed a grid, and suddenly, you're on this journey of self-reflection. Are you in a situation you want to be in? Could it be better? What steps can you take to shake things up? This book becomes your companion in decoding life's intricate puzzles.

And here's the twist — it's not your typical "Unputdownable" read. Nope, it's more like a conversation. After each Chapter, it coaxes you into a bit of soul-searching. The result? You can dive in anywhere, pluck out a nugget of wisdom, and let it simmer. I wouldn't be surprised if I revisit a Chapter in a few months and find a whole new layer of insight waiting for me. Now, that's what I call a brilliantly curated book!

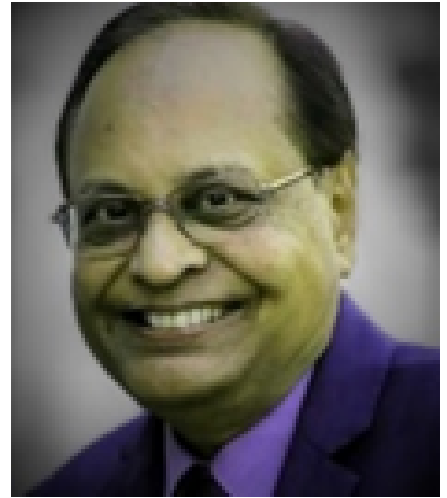
Let's talk about the genius behind it, **Rajat Ray**. He says, "Life has many dimensions, a kaleidoscope that can be enriching rather than confusing, especially when looked at through 2x2 Quads." And you know what? I couldn't agree more. This book has been my companion in untangling the web of life, simplifying the way I view situations, and turning the chaos into a beautiful mosaic of possibilities.



ARTICLE OF THE MONTH

FROM TOASTMASTER TO WRITING: NAVIGATING CHALLENGES AND FINDING NEW OPPORTUNITIES

“
I have Miles to go before I Sleep... The woods are lovely, dark, and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep... (Sir Robert Frost)”



Jyoti P Kanoi

*The Toastmasters Club of
Dibrugarh*

After reaching the age of 70, I decided to take retirement from my profession as a CA and involve myself in public service. As my schooling was in Hindi medium, I was eager to learn and improve my fluency in English. To achieve this, I joined the Dibrugarh Toastmasters Club, which aims to provide its members with an inspiring atmosphere where they can learn and have fun to reach new heights.

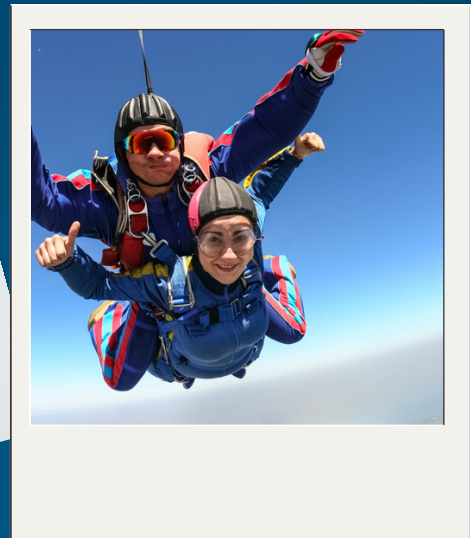
My experience with Toastmasters has taught me invaluable life lessons that have helped shape who I am as a person. I learned the importance of perseverance, planning, and confidence, which have also impacted my experience in other organizations. Thanks to Toastmasters, I have become a more confident person, but I am aware that I still have a long way to go. However, I am on the right path and believe that I will eventually reach my goals. Everyone is different, and some people reach their goals faster than others. As an aged person, I may be progressing a bit slower than others, but that does not matter.

Unfortunately, luck was not on my side, and I developed lung problems due to COVID after joining the Toastmasters. As a result, I was unable to give even my Icebreaking speech in person.

However, as the saying goes, when one door closes, another one opens. I developed a writing habit during this time, and although COVID may have prevented me from delivering my introductory speech, writing has become a valuable skill that has benefited me in many aspects of my life.

I have discovered a new passion for writing and am continuing to work on my communication and writing skills, which is an excellent way to express my thoughts and ideas. Moreover, my small writings have been published in leading newspapers. I believe that it is never too late to learn a new skill or pursue a new interest, and I am excited to see where this newfound passion for writing will take me.

Toastmasters has changed my life for the better and I promise to continue to explore my passion for writing. Thank You!



TRAVEL PHOTO CHALLENGE

Embark on a visual journey with our Travel Photo Challenge! Capture the essence of your adventures, whether it's the majestic landscapes, vibrant cultures, or candid moments on the road. Share your wanderlust-inducing snapshots, and let the power of travel photography transport us all to new horizons.

Submit your beautiful Travelling photos to
shilpa.agarwal2022@gmail.com

Last date of submission- 30th January 2024

Your Name and club name should also be mentioned



DIVISION CORNER

DIVISION D

This geographical area spans the following Parts:-

Noida and Ghaziabad – Uttar Pradesh, India



When I joined Toastmasters in 2014, I was nervous, uncertain, and apprehensive about public speaking. The thought of standing in front of a group of people, trying to communicate effectively, was intimidating. But I realized that Toastmasters is not just a place to conquer the fear of public speaking; it's a place to discover and develop the leader and communicator within ourselves. One of the key elements of Toastmasters is its supportive and encouraging environment. It's a safe space where we can stumble and falter without fear of judgment, knowing that we will always have a helping hand to lift us. I want to share three core principles that I believe define the essence of Toastmasters: Communication, Leadership, and Growth and I want it each member of our division D should experience it

Communication:

We learn to express ourselves clearly and concisely, whether it's in a prepared speech, impromptu talk, or even in casual conversations. This skill is invaluable, not only in our professional lives but also in our relationships. It's the key to making our voices heard and our ideas understood. Do you have the Courage to Share Your Story? Your story has the potential to inspire, comfort, and resonate with others who may be on a similar journey.

Leadership:

Toastmasters is not just about speaking; it's about leading. Through roles like club officer, mentor, or contest organizer, we develop leadership skills that extend far beyond the meeting room. These skills empower us to take charge, inspire others, and make a difference in our workplaces and communities. Leadership is not about titles; it's about actions and the positive influence we have on others. So, as you progress in your Toastmasters journey, remember that leadership is an integral part of your growth.

Growth:

Growth is at the core of the Toastmasters experience. It's about pushing our boundaries, setting new goals, and constantly striving for improvement. In Toastmasters, we celebrate our successes, but we also embrace our failures as opportunities to learn and evolve. The more you give more you grow,,

Gajendra Khare
Division D Director 2023-24



WHAT'S in AD's Mind?

AREA D1 SOLOMON DANIEL



Dear all,
I hope this message finds you all doing fabulously and super pumped for another month of fantastic Toastmasters adventures! As D1 Area Director, I'm thrilled to share my plans packed with exciting updates:

Club Visits:

I've been making the rounds, visiting our clubs, and each time I visit the club is it great to see the learning and unique vibe every club carries. In this position, I can never say that I know my clubs as each club is uniquely different.

Club Officers Training:

With the club EC tenure coming to an end with only 2 months remaining, I intend to prime up the next promising leader who will take charge. I am thrilled that with every change in the club leadership, members will immensely benefit.

Crazy Contests:

I'm super stoked to see our clubs gearing up for the Area Speech Contests! It's a golden opportunity to flaunt the prowess in public speaking skills and compete with the best of the best.

Membership Mania:

We're on a roll when it comes to growing our membership. I encourage my clubs to share their strategies. Happy people as members have an infectious energy.

OJT: Our Judges Training

As the area director, I am happy to see members benefiting from roles such as Judges and tally counters as a testing ground for the Judges Training Program conducted by our district leaders. Despite having such a cultural month the dedication of a few members to be the pillars of the contest and make it a success is worth appreciating.

CLUB DETAILS IN AREA D1

CLUBS	MEETING DAYS	TIME(IST)	VENUE
NOIDA TOASTMASTERS CLUB	Every Saturday	4:00 PM TO 6:00 PM	Offline
INDIRAPURAM TOASTMASTERS CLUB	Every Sunday	10:00 AM TO 12:00 PM	Offline
HINDON ONLINE TOASTMASTERS CLUB	Every Sunday	8:00 AM TO 10:00 AM	Online
GLOBAL PAYMENTS NOIDA TOASTMASTERS CLUB	Every Wednesday	1:00 PM TO 2:30 PM	Offline
INGENUITY GAMING TOASTMASTERS CLUB	Twice in Month		Offline

AREA D2

NITASHA MAKHIJA



Towards a Brighter Future

As an Area Director (AD2), I am thrilled to connect with you all through this newsletter and share my mission and vision for the future of our vibrant area. The Toastmasters journey is a remarkable one, and it is my mission to ensure that every member benefits from it to the fullest extent.

Area D2: Vision Statement:

"Fostering an environment of continuous improvement and support, where every club thrives, and every member reaches their full potential."

Our vision for this area is not just about numbers; it's about creating a thriving community where every member feels valued and supported in their personal and professional growth.

This vision for growth and empowerment cannot be realized without your active participation and support. I invite each one of you to contribute to our Area's success by:

- > Actively participating in events and initiatives.*
- > Contributing your feedback and insights to assist us in enhancing our efforts.*
- > Promoting the inclusion of your peers and colleagues*
- > Volunteering for leadership roles*

Toastmasters is more than just a speaking club; it's a journey of self-discovery and personal growth. Together, we can build a stronger and more inclusive environment that empowers all its members to achieve their goals and dreams.

I'm excited about the possibilities that lie ahead. Together, we will shape the future of our Area 😊

If you have any suggestions, or ideas, or would like to get involved, please don't hesitate to reach out.

Let's make our area a beacon of excellence in Toastmasters!

CLUB DETAILS IN AREA D2

CLUBS	MEETING DAYS	TIME(IST)	VENUE
NOKIA NOIDA TOASTMASTERS CLUB	Every Thursday	11:30 AM TO 1:00 PM	Offline
NOIDA PLUS TOASTMASTERS CLUB	Every Sunday	10:30 AM TO 12:45 PM	Offline
SUBROSE TOASTMASTERS CLUB	Every Friday	12:00 AM TO 01:00 PM	Offline
RMSI TOASTMASTERS CLUB	Every Wednesday	03:30 PM TO 4:30 PM	Offline
EXPLORERS TOASTMASTERS CLUB	Every Sunday	11:00 AM TO 12:30 PM	Offline

AREA D3 SANDHYA

Toastmasters has played a pivotal role in my personal and professional development. Having previously served in various Executive Committee roles at the club level, I currently hold the esteemed position of Area Director, driven by a deep commitment to elevate our service efforts.

Vision for Member Support:

My foremost goal is to provide unwavering support to every member of our Area's clubs. I am dedicated to ensuring member growth, the achievement of the Distinguished Club Program (DCP), attaining Distinguished status, and securing maximum rewards and recognition for both individual members and clubs alike.

Addressing Challenges:

I recognize that challenges and difficulties are an inevitable part of any journey. To overcome these obstacles, I pledge to take proactive steps, such as fostering collaboration between clubs by inviting members to each other's meetings and offering guidance to help members complete their projects in pathways and so on.

Bridge Between Clubs and Districts:

My vision extends to acting as a vital bridge connecting clubs and the district. I am committed to providing guidance, support, and vital information to facilitate seamless communication and collaboration between these crucial Toastmasters entities.

In embracing the mantra "Together towards Tomorrow," we will inspire and motivate one another on our Toastmasters journey. Together, we will create remarkable and proud moments for District 124, fostering a thriving community of growth and achievement.



CLUB DETAILS IN AREA D3

CLUBS	MEETING DAYS	TIME(IST)	VENUE
BARCLAYS NOIDA TOASTMASTERS CLUB	Every Wednesday	11:00 AM TO 12:30 PM	Hybrid
IRIS TOASTMASTERS CLUB	Twice in a Month Thursday (1 & 3rd)	02:30 AM TO 04:30 PM	Hybrid
CENTRAL NOIDA TOASTMASTERS CLUB	Every Sunday	03:00 PM TO 05:00 PM	Online
XCEEDANCE TOASTMASTERS CLUB	Every Friday	03:00 PM TO 5:00 PM	Hybrid
BIT TOASTMASTERS CLUB	Every Saturday	11:30 AM TO 01:00 PM	Hybrid/Offline
TTN TOASTMASTERS CLUB	TThursday (1st and 3rd)	3:00 PM TO 5:00 PM	Hybrid

SHOWCASE YOUR CLUB'S SPIRIT

Do you have something to celebrate?



Submit your club's best photos and stories to be featured in our magazine throughout the year.

SHOWCASE YOUR WRITING SKILLS

Write and Share your unique perspectives with the community!

ARTICLE OF THE MONTH

We are excited to announce our Article of the Month contest, where we invite all members to submit their insightful and engaging articles. Word Limit- 400-500.

Guidelines:

- Please submit your article in PDF or Word format
- Include your name, club name, Area, Division
- Attach your picture with the email
- Only one submission per member is allowed
- You can also give a brief bio about yourself in the submission email
- Submit the entries for the above at: shilpa.agarwal2022@gmail.com or WhatsApp @ 8240475416



CHAYAN PANT, DTM

"WE DEEPLY MOURN THE LOSS OF OUR
ESTEEMED LEADER, CHAYAN PANT, DTM.
THEIR VISIONARY GUIDANCE AND
UNWAVERING COMMITMENT TO OUR
COMMUNITY LEAVE AN INDELIBLE MARK.
"MAY HIS MEMORY BE A SOURCE OF
STRENGTH, GUIDING US ."

11/10/2023

TOASTMASTERS INTERNATIONAL®

These packages provide sufficient
Cost of your service.

Region 13

DISTRICT 124



[District 124/facebook.com](https://www.facebook.com/District124/)



[District 124/instagram](https://www.instagram.com/District124/)



[District 124/youtube](https://www.youtube.com/District124/)

*Feel free to send any ideas or feedback to shilpa.agarwal2022@gmail.com or
WhatsApp @ 8240475416 for any queries.*